

LEADERS CARE FOR FOLLOWERS Self-Assessment

All leaders need to care for their followers because care builds trust and without trust leaders will find themselves alone. Take a few minutes and think about your leadership. Do your followers know you care for them? What action can you point to in the past two weeks that show you care?

Directions: Read each question below, decide where you fall on the continuum, and circle the number corresponding to your self-assessment (6 = “*Definitely True*” and 1 = “*Definitely Not True*”). As you evaluate yourself, consider how you typically behave as the leader of a team.

QUESTION	High			Low		
1. I give constructive feedback to others that includes both positive and negative comments.	6	5	4	3	2	1
2. I am flexible and adapt well to changing circumstances without complaining to others.	6	5	4	3	2	1
3. I am a team leader who works well with others and avoids undermining them if I disagree.	6	5	4	3	2	1
4. I am dependable so that others can count on me to follow through and do my part.	6	5	4	3	2	1
5. I allow others to receive credit and recognition for our success without becoming upset.	6	5	4	3	2	1
TOTALS						

Scoring Key:

- 27 – 30 You are a mature & trusted leader with years of experience. It’s almost impossible to get a score this high and remain humble.

- 23 – 26 You are a trusted leader. It’s likely that everyone will want you to be part of their team.

- 20 – 22 You are on the path to building trust. It’s a respectable score since your answers all have to be 4 or more.

- 15 – 19 You can probably see the areas you need to work on. It’s never too late, make some goals and you will be on your way.

- Below 15 It’s my guess you were much too hard on yourself on this assessment. If you need to go back to some of your followers and apologize, this will be the start of building trust.