

## **TEAM CARE Assessment**

### Directions:

Answer this Team Care Assessment on a scale from 1 (terrible) to 10 (amazing).

### Direct Communication

- \_\_\_\_\_ How well do you communicate to your teammates?
- \_\_\_\_\_ How well do we communicate to each other?
- \_\_\_\_\_ How important is it for you that our team communicates?

### Value for the Individual

- \_\_\_\_\_ How well do you value every individual on your team?
- \_\_\_\_\_ How well does our team value each individual?
- \_\_\_\_\_ How important is it to you that we value every individual on our team?

### Sacrifice

- \_\_\_\_\_ How well do you sacrifice for other team members?
- \_\_\_\_\_ How well do we sacrifice as a team?
- \_\_\_\_\_ How important is sacrifice to our team?